

Installation safety and security top priority

Partnerships and exercises pay off

COL. DANIEL WHITNEY
Commander
U.S. Army Garrison-Hawaii

WHEELER ARMY AIRFIELD — October proved itself a difficult month for U.S. Army Garrison-Hawaii, especially the end of last week, which saw the evacuation of coastal areas in anticipation of a tsunami that never arrived and the unfulfilled threat of an active shooter at Schofield Barracks, Oct. 25.

In addition to those dramatic events that disrupted the daily routines of Soldiers and family members, earlier reports about an alleged incident of kidnapping and subsequent torture of two Schofield Barracks teens, Oct. 13, and two alleged incidences of sexual assault at Aliamanu Military Reservation — one on Oct. 5, the other on Oct. 6 — were reported in the media and on the garrison's Facebook page.

Two bomb threats were also received at Schofield Barracks in October.

The garrison took all these recent events extremely seriously and worked to keep the community safe. The safety and security of our residents is always at the forefront of our efforts.

During the tsunami threat, Oct. 27, the garrison's Emergency Operations Center was activated and shelters were established for Soldiers and family members evacuating from off-post locations.

Two days prior, a former Soldier had phoned in a threat that he was going to shoot people; he was vague as to his target. Again, the garrison EOC was activated, and proactive steps taken to protect the garrison community in a measured response, to include locking down Schofield Barracks' two elementary schools and increasing security at the gates.

And again, thanks to the diligence of our Directorate of Emergency Services, military police and the solid cooperation of the Honolulu Police Department, the suspect was taken into custody within hours.

The bomb threats caused some inconvenience. On-post areas were quickly cordoned off and evacuated and traffic was rerouted. Both incidents were safely resolved without incident.

Our continuous exercise program with our on-post units and community partners paid off in our response to each of these real-world incidents.

While keeping the community informed, the garrison Facebook page registered a 27-percent user increase with these events, demonstrating the importance of social networking as a means of rapid communication. We are also working at other means to enhance notification of the community as events unfold. These will include 42 large marquees around our installations to display current information.

The other two events, those of

See **SECURITY**, A-4



Photo by Andrew Hall

KWAJALEIN ATOLL, Republic of the Marshall Islands — A Terminal High Altitude Area Defense, or THAAD, interceptor is launched from Meck Island, here, on its way to an intercept of a ballistic missile target during the Missile Defense Agency's historic flight test, Oct. 24 (Oct. 25 on Kwajalein).

94th AAMDC plays critical role in missile test

SGT. 1ST CLASS KARRY L. JAMES
94th Army Air and Missile Defense Command
Public Affairs

JOINT BASE PERAL HARBOR-HICKAM — It was a familiar scene: Soldiers at the ready with their weapons, palms sweaty, hoping for a chance to prove themselves worthy of being called a warrior.

However, this scene was no ordinary battlefield; the Soldiers held no rifle, but with the click of a mouse, they released a momentous weapon that is much more powerful.

"The 94th Army Air and Missile Defense Command was involved at all levels of the historic live-fire test that took place at several locations throughout the Pacific," said Capt. Brendan McIntyre, air defense artillery fire control officer assigned to the 94th AAMDC cell in the Air Operations Center.

Flight Test Integrated-01, a joint-service operation conducted by the U.S. Missile Defense Agency Oct. 24, was the most complex test of its kind yet attempted.

The 94th AAMDC's role was to provide com-

mand and control oversight for the maneuver and to operate the equipment out at the U.S. Army Kwajalein Atoll's Reagan Test Site, as well as man controls here in Hawaii, said McIntyre.

Soldiers sat before their computer screens and awaited orders to launch a Patriot Advanced Capability, or PAC-3, interceptor, to ensure that ballistic defenses are capable under realistic operational conditions, explained McIntyre. The test attempted to engage five targets simultaneously.

During the exercise, 94th AAMDC detected, tracked and successfully intercepted a short-range ballistic missile fired from the Reagan test site, while counterparts in the 32nd AAMDC fired the Terminal High Altitude Defense system from Meck Island to intercept an Extended Long Range Air Launch Target dropped by a Hickam-based Air Force C-17 north of Wake Island.

The short-range missile was intercepted by a PAC-3 operated by 1st Battalion, 1st Air Defense Artillery Regiment, stationed at Kadena Air Base, Okinawa.

Soldiers from the 94th AAMDC and the 1st Bn.,

1st ADA Regt., deployed to the Reagan test site in mid-August to prepare for the mission.

Sailors aboard the USS Fitzgerald (DDG 62), an Arleigh Burke-class destroyer, deployed to counter ballistic missiles, took out a low-flying cruise missile, and Airmen from the 613th Air and Space Operations Center tracked targets with a portable ballistic missile defense radar system.

"This test provided a new motivation, purpose and direction for the Soldiers, Sailors and Airmen, because during your career, no matter how short or long, you spend the whole time training for these type of events," said Staff Sgt. Regina Leroy, air defense artillery fire control assistant.

The 94th AAMDC Sea Dragons' motto is "First Line of Defense." They stand combat-ready with an expeditionary mindset to execute contingency operations at any time. Being the Army's operational leader for theater air missile defense, the Sea Dragons played a critical role in FTI-01.

"To see and be a part of history really motivates you to know that what you are doing," said Leroy. "It matters."

Medical experts prep EFMB test

Story and photo by
SGT. 1ST CLASS RODNEY JACKSON
18th Medical Command (DS) Public Affairs

SCHOFIELD BARRACKS — Medical Soldiers from throughout the Pacific theater are getting ready for an intense five-day evaluation to test their knowledge during U.S. Army-Pacific's Expert Field Medical Badge testing, Nov. 3-8.

After months of preparation and coordination, with 18th Medical Command (Deployment Support) taking the lead, three combat tactical testing lanes are set up.

See, **EFMB A-5**



Staff Sgt. Jason Bullock (left), optician, TAMC, preps an IV in a mannequin during EFMB lane validation rehearsal, Oct. 22.

Five services cook together

Story and photo by
STAFF SGT. GAELLEN LOWERS
8th Theater Sustainment Command
Public Affairs

SCHOFIELD BARRACKS — Warriors from all branches of service traded their weapons for spoons, spatulas and ladles, here, Oct. 17, to prepare for the 38th annual Military Culinary Arts Competition, in Fort Lee, Va.

The two-week joint competition is North America's largest culinary competition and is sanctioned by the American Culinary Federation. It's been held every year since 1973, with the exceptions of 1991 and 2003, during Desert Storm and Operation Iraqi Freedom, respectively.

The contest showcases the talents of military chefs from around the globe.

"The journey through this thing will be phenomenal for everybody," said Senior Chief Brandon Parry, leading enlisted aide to Adm. Samuel Locklear, commander, U.S. Pacific Command, and lead trainer for the team. "We all fight the same fight at the end of the day."

"We will have an Army specialist, a Navy petty officer and an Air Force senior airman, all working together, side-by-side, in a kitchen for 16 hours straight, for two weeks straight," he explained.

In past years, the different services across the Islands hadn't worked together much for the competition, but this year, Army rep-

See **CULINARY**, A-4



SpC. Stephany Lopez, food services specialist, 209th ASB, 25th CAB, 25th ID, checks the temperature of her dish during tryouts Oct. 17, to compete in the 30th annual Military Culinary Arts Competition.

Medevac crew recognized | A-3

Aussie soldier is rescued



C-17 loaded | A-5

Exercise readies Soldiers for expeditionary deployments

Read to the Dogs B-1

Children read to service dogs in library program



Flag football B-5

8th TSC NCO coaches local youth

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3156, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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BACKTObASICS

Sponsoring, knowing, talking are ‘basics’ for every leader

SGT. MAJ. MARCIAL TUMACDER
9th Mission Support Command

John C. Maxwell, a world-renowned leadership expert, said, “A leader is one who knows the way, goes the way and shows the way.”

I think this is an excellent quote for all leaders, especially senior non-commissioned officers who want to focus on bringing back the basics.

A similar statement is found in the “Soldier’s Guide,” in the Army Values. According to the guide, our individual effectiveness, as part of the Army team, comes from within, from our background, our character and our values.

Our Army is an organization that is guided by values. Army values are the basic building blocks that enable us to see what is right and wrong in any situation.

They build the warrior ethos, and they are mutually dependent. You cannot follow one value while ignoring another.

Within the Army Reserve, I have no-



Tumacder

ticed two “basics” that have fallen to the wayside: sponsorship and knowing our Soldiers.

Sponsorship. This is near and dear to my heart. I’ve been sponsored and been a sponsor. Having a viable sponsorship program in any unit is part of taking care of Soldiers and their families.

Imagine a brand new Army Reserve Soldier coming into a unit without a sponsor. What would happen to this Soldier on his first battle assembly?

A first impression is a lasting impression, which takes me back to Maxwell’s quote. Leaders must know and show the way for a new Soldier.

Knowing Soldiers. The second “basic” that is very close to my heart is how well we know our Soldiers. Part of getting back to basics is to know our Soldiers’ personal and professional lives. Leaders must be cognizant of their Soldiers’ family and work situations.

Knowing gives leaders the opportunity to find out if our Soldiers have any issues at home, work or even school. We must have a very good knowledge or understanding with Soldiers’ life situations.

Knowing our Soldiers is in line with Army Values and the warrior ethos.

ORIENT SHIELD 2012



Spc. Jason Dorsey | 139th Mobile Public Affairs Detachment

AIBANO TRAINING AREA, JAPAN -- Pfc Noricole Hansen, infantryman with 3rd Platoon, Company B, 1st Battalion, 14th Infantry Regiment, 25th Infantry Division, exits a UH1JUH helicopter during air assault training. Hanson took part in Orient Shield 2012, a joint effort between the U.S. Army and the Japanese Ground Self Defense force. Since its inception in 2000, Orient Shield has focused on the development and refinement of tactical planning, coordination and interoperability through bilateral training.

FOOTSTEPS in FAITH

Take time to stop, rest and listen

CHAPLAIN (LT. COL.) DONALD W. EUBANK
Deputy Garrison Chaplain
U.S. Army Garrison-Hawaii

“Will you stop what you’re doing and listen to me for a moment!”

How many times have you said that or heard someone say it?

My Grandpa was a good storyteller, and I loved hearing about those “olden days.”

One story was about the old “ice- houses.” Before refrigerators, people used icehouses to preserve food. The icehouse would have thick earthen walls providing insulation, no windows and tightly fitted doors.



Eubank

In winter, when the Michigan lakes were frozen over, Grandpa would cut large blocks of ice and haul them to the icehouse, covering the ice with sawdust. Often, the ice would last well into the summer. Grandpa said we’d “make ice cream in the warm summer months from those huge blocks of ice.”

Grandpa told me about how one of the men lost his pocket watch while working in the icehouse. He searched diligently for it, carefully raking through the sawdust, but didn’t find it. A small boy volunteered to try to find the watch. The boy went into the icehouse alone. Not long thereafter, he emerged with the pocketwatch!

Amazed, the men asked the boy how he found the watch.

“I closed the door,” the boy replied, “laid down in the sawdust, and kept very still. Soon, I heard the watch ticking.”

I think that most of us are like the

man who lost his watch in that icehouse. We’re so busy that we just can’t seem to take the time to stop, rest and listen to the things that are really important.

The boy found the watch because he took the time to be quiet and listen. Perhaps it might be a good thing for us to consider stopping for a couple of moments this morning, and taking the time to open our hearts to God in a moment of prayer or reading his word and listening to what he might say to us.

Often the question is not whether God is speaking, but whether we are being still long enough to hear him.

Our Lord once said that the test of knowing a good and noble heart would be seen in people who hear God’s word, retain it and persevere with the truth that God has put in their heart.

Take time today to stop and listen to that still, small voice.



SCHOFIELD BARRACKS — Veterans Day, the annual American holiday honoring military veterans, is observed around the Nov. 11 anniversary of the end of World War I’s major hostilities.

The following events are scheduled:

Saturday, Nov. 10

•**Arizona Memorial Veteran’s Day event**, 6:30 p.m., Nov. 10. The National Park Service will host author and historian Vera Williams, who will discuss Women Air Force service pilots of World War II in commemoration of Veterans Day at the World War II Valor in the Pacific National Monument. This event is free and open to the public. RSVP at <https://www.usmissouri.org/veteransdaysvp> or 423-7300, ext. 7048.

Sunday, Nov. 11

•**Governor’s Veterans Day Ceremony**, 1 p.m., Hawaii State Veteran’s Cemetery, Kaneohe.

•**Kilauea Military Camp Veterans Day Ceremony**, 3-4 p.m., Nov. 11, Big Island. Park admission is free. All active duty personnel, retirees and veterans are invited to attend the ceremony on the front lawn, followed by a Veterans Day buffet dinner, 4:30-8 p.m., at the Crater Rim Café.

•**Battleship Missouri Veterans Day Sunset Ceremony**, 4:30-5:30 p.m., Nov. 11. Event is free and open to the public with advance reservations. Guests must be seated by 4:15 p.m. RSVP at www.usmissouri.org.

•**Veterans Day Mass**, 6 p.m., Nov. 11, Saint John Apostle and Evangelist Catholic Church in Mililani. All services are invited to the multi-denominational Mass. The colors will be posted before the Mass, and patriotic music will be played.

•**Veterans Day Special**, nationwide. Inns and bed and breakfasts across the U.S. and Canada have signed up to participate in the fourth annual B&Bs for Vets program. More than 100 U.S. bed and breakfasts and inns will participate. Visit www.bnbsforvets.org for participating inns in the U.S.

Monday, Nov. 12

•**Wahiawa Veterans Day Parade**, 10 a.m., Nov. 12, in Wahiawa. The Wahiawa Lions Club will be conducting its annual Veterans Day Parade.

Saturday, Nov. 17

•**Patriot Run/Walk**, 8 a.m., Nov. 17, at the Waterfront at Puuloa, 5105 Iroquois Ave., Ewa Beach. All proceeds will benefit the U.S. Vets Initiative in Kalaeloa. Early registration deadline is Nov. 10. Late race entries will be accepted on race morning. Visit www.patriotrunhawaii.com.

Voices of Ohana

The General Election is Tuesday, Nov. 6.

“What issues are most important to you this election year?”

Photos by 500th Military Intelligence Brigade Public Affairs



“The economy. It affects us all.”

Pfc. Ronnell David
Supply clerk, HHD, 500th MI Bde.



“Health care policy.”

Sgt. 1st Class Kory Durham
Senior enlisted logistician, Co. B, 715th MI Bn., 500th MI Bde.



“The health care plan for women, abortion and birth control.”

Spc. Caitlin Hospodar
Human resources specialist, 715th MI Bn., 500th MI Bde.



“Foreign policy is what’s important in this election. It directly affects my family and me. We need a strong foreign policy.”

Sgt. Allan Mayberry
Paralegal specialist, HHD, 500th MI Bde.



“The most important issue to me is the cutting of military spending. I believe this will be great to have more money for the economy.”

Staff Sgt. Elkia Tibsy
Resource management auditor, HHD, 500th MI Bde.

HRSC SOLDIERS WELCOMED HOME



Spc. Spencer Inselmann (left), receives a lei from Spc. Jennifer Stevenson.



Photos by Sgt. Tiffany Fudge | 8th Theater Sustainment Command Public Affairs

FORT SHAFTER — Soldiers of the Human Resource Sustainment Command, 8th Special Troops Battalion, 8th Theater Sustainment Command, are welcomed home by family and friends, here, Oct. 23, following a yearlong deployment to Kuwait, where the main body of HRSC is still deployed. The main body will return in the coming months.

Above — Sgt. Olasunkanmi Fakeyer (center), is welcomed home with a lei and group hug.



Pfc. Jakeishashayana Evans (right), is greeted with open arms by Chief Warrant Officer Stacyann Simms.

DEPLOYED FORCES

25th CAB medevac crew receives Australian award

Story and photo by
SGT. DANIEL SCHROEDER

25th Combat Aviation Brigade Public Affairs,
25th Infantry Division

MULTINATIONAL BASE TARIN KOWT, Afghanistan — Australian Forces, here, recognized the actions of a medical evacuation crew from Company C, 3rd Battalion, 25th Aviation Regiment, Task Force Gunfighters, 25th Combat Aviation Brigade, 25th Infantry Division, during an awards ceremony, Oct. 18.

Chief of Joint Operations Australia, Lt. Gen. Ash Power, AO, CSC, presented the crew with the Chief of Joint Operations Gold Commendation for their actions during a medevac request in the Uruzgan Province, Aug. 23.

“I felt really honored to receive this award,” said Capt. Zach Mauss, platoon leader, Forward Support Medical Platoon 3, C/3-25th Avn., 25th CAB. “Our partnership here with the Australians is extremely strong. They are incredibly professional soldiers and take great pride in the work they do in Uruzgan Province. Taking care of their fellow soldiers and their willingness to take the fight to the enemy are some similarities they share with U.S. Soldiers.”

Before U.S. Soldiers were presented with a framed certificate and two medals, Power spoke to roughly 200 of them in attendance.

On the afternoon of Aug. 23, explained Power, the crew on duty received a “CAT A” 9-line request. Category Alpha refers to urgent medical care needed to evacuate immediately. The victim was an Australian soldier who received severe wounds to both legs caused by an improvised explosive device.

The crew flew out to the location as quickly as they could, said Power. Upon arrival, the medevac pilots performed a two-wheeled landing due to terrain limitations where the wounded soldier was located.



Australian army soldiers load an injured soldier onto a UH-60 Black Hawk from Co. C, 3rd Bn., 25th Avn. Regt., “Task Force Gunfighters,” 25th CAB, during a medevac training mission, at Multinational Base Tarin Kowt, Oct. 1. Forward Support Medical Team-3 was acknowledged for saving an Australian soldier in Uruzgan Province, Aug. 23.

dier was located.

In less than a minute, the Australian soldier was loaded onto the helicopter and headed to the nearest medical facility.

The medics in the aircraft worked feverishly to restore the vital signs of the injured soldier, Power said. Flying the distance to the patient and

then to the nearest medical facility, the medevac crew managed to complete its mission within in 52 minutes. That first hour is called the “golden hour,” the time from when a call comes in to evacuate a patient until his arrival at the nearest medical facility.

“The most rewarding part of the night was fol-

lowing the ceremony, when members of the unit that hit the IED came forward to individually thank us for the work we did in saving their comrade,” said Mauss. “Although their comrade was severely injured, they were relieved that he is now home with his family in Australia, making a strong recovery.”

Warrior Inn preps for Connelly

LARRY REILLY

Installation Management Command-Pacific Region

SCHOFIELD BARRACKS — Installation Management Command’s best military dining facility — possibly the Army’s best — can be found, here, at the Warrior Inn.

Since receiving the 2012 IMCOM-level Philip A. Connelly award as top DFAC, Oct. 19, the Warrior Inn team has been prepping for an Army-level inspection team from the International Food Service Executive Association and the G4/Joint Culinary Center of Excellence, arriving Nov. 9 to evaluate the team’s mission essential task listmission, mettle and menu.

“There is nothing that this team cannot accomplish. They are motivated to be the best, and on Nov. 9, they will get the opportunity to prove they are the best,” said Sgt.1st Class Floyd Dodwell, senior operations food manager, 225th Brigade Support Battalion, 25th Infantry Division. “They have stepped up their game to the point where they are correcting themselves, their teammates and even their leadership on everything from performance to product, and they really have gotten better.”

With only a week to go, one might think the pressure to be unbearable; however, the Warrior Inn team has been gearing up for just this opportunity for many months.

“From the cooks to the servers, we have practiced over

and over again on what has to be done to the point where it is now executed like clockwork,” Dodwell said.

Clockwork production is fine and dandy, but winning a Connelly award is most often determined by the simplest of things: taste. And there is no better way to find out just how good your chow is than to ask those who eat at the DFAC daily.

“If it weren’t for our customers being brutally honest about what they think about our food, we would not be as good as we are,” said Dodwell. “The menu we have chosen for the Nov. 9 evaluation has been determined more by our customers than by ourselves.”

Normally, the Warrior Inn serves only two types of meats during its lunch meal. However, during the evaluation, the team will serve four types of meats, along with all the fixings and side dishes. The challenge is, they will have to cook everything within one and a half hours, and they will cook and be evaluated for breakfast and lunch.

“For sure, it’s a short window in which to cook and serve such a menu, but our success will prove the superiority of this team and the quality of our food,” said Dodwell.

Whether you eat at the Warrior Inn DFAC on a regular basis or have never ventured there for a meal, on Nov. 9, it will be the place to eat on Schofield Barracks.

Culinary: Chefs learn ice carving, pastry, more

CONTINUED FROM A-1

representatives from the 8th Theater Sustainment Command and 25th Infantry Division reached out to USPACOM to make the competition a truly joint effort, said Master Sgt. Antonio Boies, chief food operations management noncommissioned officer, 8th TSC.

“Without the Army’s efforts, we would not be able to accomplish this,” said Parry, who has competed 26 times in the past 10 years by himself, because the Navy doesn’t have a system to support it. “The Army has come with open arms and provided a facility, rations and other things essential to the training. The other services are not set up to support this. Without the Army, we would be doing this out of somebody’s kitchen in their house.”

The applicants are also excited about the thought of working side-by-side with their brothers in arms.

“I have never worked with anyone from another service, but I am excited to!” exclaimed Culinary Specialist 2nd Class Wal-

ter Cariatobar, enlisted aide to Locklear. “Everyone has different tastes, ideas and skills, so when we all get together, something great usually comes out of it.”

Once the 39 applicants are whittled down to about 20, who will officially be on the team, that’s when the real work begins, said Chef Ernesto Limcaco, corporate chef of Y. Hats & Co. and leading civilian culinary adviser for the contest.

“This competition will really test the Soldier’s mettle because it is a strain on a person’s stamina and endurance,” he said.

For the next four months, the competitors’ place of duty will be in the training kitchen with trainers from the different services, practicing for more than 20 events that will be at Fort Lee. Days will be long hours.

“The things we will have to go through training these guys, from now until the end of February, is monumental,” Parry said. “From ice carving, to savory, to static work, to sugar sculpting, to pastry, it’s really the full gambit. Half of these guys don’t even know what pâté is, but they will be making it expertly by the time we leave for Fort Lee.”

Security: Community vigilance is critical

CONTINUED FROM A-1

the kidnapping/torture incident and two alleged sexual assaults, are currently under investigation by HPD, with assistance from DES.

It is my responsibility as garrison commander to ensure a safe and secure environment on our installations, but I also need your help.

As a community, we all need to be aware of our environment. We need to maintain vigilance of emerging situations that can threaten our families and neighbors.

Parents, it’s an old adage, but “know where your children are.”

All community members — and especially parents —

can help mitigate acts of violence by taking precautionary measures. Recognize potentially dangerous situations and avoid them. Get to know your neighbors and support each other. We should all have each other’s backs.

This past month has been challenging for all of us. We’ve greatly appreciated your patience and understanding as we have responded to each incident.

By continuing to work together, we can all contribute to a safe community.



Whitney

News Briefs

Send announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

Holiday Card Lane — The annual Holiday Card Lane will be held Nov. 20 through Jan. 7. All units, staff offices and organizations are invited to participate. Designated locations for Holiday Card Lane displays are Macomb Gate Road at Schofield Barracks and in front of Richardson Theater (across from Chapel Field) at Fort Shafter.

Entry forms are available from the Special Events Office and must be submitted by Nov. 9 to Kathleen.j.giannetti.naf@mail.mil, or by fax to 655-1780.

PCS Survey and Training — Effective immediately, all Soldiers and civilians making a permanent change of station move from all Hawaii units must complete an online out-processing Sponsorship Survey (https://www.research.net/s/outprocess) and electronic Sponsorship Application Training, or eSAT, (http://apps.mhf.dod.mil/esat) prior to receiving installation clearing papers.

The Military Personnel Division at the Directorate of Human Resources will add the out-processing Sponsorship Survey and eSAT to the installation’s out-processing clearance checklist. For more details, call 655-1272/8276.

Mystery Customer Program — USAG-HI is looking for volunteers to participate in a new program aimed at evaluating customer service in its facilities. The Mystery Customer Program helps the garrison provide world-class customer service, to Soldiers, family members, retirees and civilians. Provide contact information (name, email and phone number) to James Brown at 655-9026 or james.e.brown606.civ@mail.mil. A response will request your availability to evaluate one of the garrison’s services and provide further details.

3 / Saturday

Early Voting — Three locations are open early for voting,

8 a.m.-4 p.m., through Nov. 3. Visit www.honoluluelections.org/locations. If you are a registered voter, you can find your polling place and a sample of the actual ballot for your precinct and look up any candidates you are not familiar with before you go.

Visit http://elections2.hawaii.gov/pp/.

6 / Tuesday

Election Day — Exercise your franchise to vote! The Installation Voting Assistance Office is located at the Schofield Barracks Soldier Support Center, Bldg. 750, 673 Ayers Ave., Room 103. Email usaghi.voting@us.army.mil or call 655-7182.

The federal voting assistance web portal provides help with the absentee ballot process at www.FVAP.gov.

Call (703) 588-1584, or toll free at (800) 438-1584.

12 / Monday

Wahiawa Veterans Day Parade — The Wahiawa Lions Club conducts its annual Veterans Day Parade, beginning at 10 a.m., Nov. 12, in Wahiawa.

17 / Saturday

Benefit Breakfast — The Hawaii Sergeants Major Association conducts its third annual benefit breakfast, 8-10 a.m., Nov. 17, at Mililani Middle School to support Soldiers, families, students and the homeless. Tickets are \$7. Call 433-6646.

27 / Tuesday

Facebook Town Hall — Do you have questions about USAG-HI services, facilities or support, or about how to make the installation better?

The next online Facebook Town Hall, hosted by Col. Daniel Whitney, commander, USAG-HI, is scheduled from 6-7:30 p.m., Nov. 27, at www.facebook.com/usaghawaii, under the “Events” tab. All Soldiers, family members, retirees and civilians in U.S. Army-Hawaii can ask questions, address concerns and get responses.

If your question does not pertain to the public at large, email the Interactive Customer Evaluation System, or ICE, at http://ice.disa.mil, or Ask the Garrison Commander at AskTheCommander.usaghi@us.army.mil. Call 656-3153 or email lacey.a.justinger.civ@mail.mil with questions or concerns.

EFMB: Test lanes validated

CONTINUED FROM A-1

Evaluators are trained with one standard of testing, and a U.S. Army Medical Department team validated the lanes for clearance to receive candidates this week.

In preparation for validation by AMEDD, the team of 15 evaluators and a five-member test board panel walked the 12-mile road march course during pre-rehearsals, and they evaluated the grading of Staff Sgt. Jason Bullock, optician, Tripler Army Medical Center and evaluator, as he tackled combat tactical lane one.

“This was an opportunity to see how the lane is going to go, how the sequence of events will happen,” said Lt. Col. Jacob Dlugosz, chief G3, 18th MEDCOM (DS) and test board chairperson. “Our focus is seeing how the graders evaluated the tasks to make sure there was consistency between both evaluators and to make sure they gave the appropriate go’s and no go’s on the task that the test candidate did or failed to do.”

Bullock, who has earned the badge, commented about a couple of differences: the addition of Tactical Combat Care, known as TC3, and units providing great support to train-up their troops prior to sending them out to validation week.

“TC3 has 147 critical tasks, and the train-up before sending the troops out has contributed to a higher passing rate, which — with promotion points and the prestige of having the badge — makes the two weeks well worth it to the Soldiers,” said Bullock.

When it comes to standardization, the evaluators must all pass Soldiers with the same standard, explained Bullock.

“We have to teach the same standard so we can grade to the same standard,” said Bullock. “We don’t want one cadre member looking for something and another one isn’t.”

EFMB Road March

A road march is scheduled to take place 5-8 a.m., Thursday, Nov. 8, on Wheeler Army Airfield. Routes include Santos Dumont Avenue, Bunker Place, CW2 Latchum Road, Denny Road and Airdrome Road.

Motorists should expect traffic delays to yield to Soldiers and to observe the 10 mph PT speed limit.



Sgt. Tiffany Fudge | 8th Theater Sustainment Command Public Affairs

Soldiers with the 8th STB, 8th TSC, load a generator onto a C17, Oct. 22, as part of a training exercise that will make the headquarters of the 8th TSC more expeditionary. The Soldiers assembled equipment, loaded trucks, transported the cargo and loaded the aircraft.

8th TSC HQ plans, loads cargo for C-17

STAFF SGT. GAELEN LOWERS

8th Theater Sustainment Command Public Affairs

JOINT BASE PEARL HARBOR-HICKAM — As the Army moves away from its constant deployment cycle and transitions to a more expeditionary force, Soldiers of the 8th Special Troops Battalion, 8th Theater Sustainment Command, are taking another step in that direction by having a plan set in place that would rapidly and effectively deploy the 8th TSC headquarters.

“As you all know, we may never know when it is time for us to deploy somewhere in the Pacific,” said Col. Charles Maskell, deputy commander, 8th TSC, to a group of 8th STB Soldiers standing inside of a C17. “The days of the pre-planned deployments where you know a year in advance that you will be deploying to Iraq or Afghanistan are rapidly coming to an end.

“The new focus of the Army,” he explained, “will be on expeditionary and short-notice operations, rather than long-term, advanced-notice deployments. You are all doing the right thing by making our headquarters more de-

ployable.”

The “right thing” Maskell was talking about is the total body of work the 8th STB accomplished during the past month to get the headquarters more expeditionary.

Soldiers began by setting up their forward command post on Fort Shafter Flats. Maj. Gen. Steven Lyons, commander, 8th TSC, visited to give his feedback on the tents and workspace. After receiving the commander’s guidance, Soldiers were then able to put together a list of equipment the command will need in case a fire mission occurs. Figuring out how to get the equipment from Hawaii to wherever the mission is occurring was the next step for the 8th STB.

“We have prepared a load plan and are out here loading a C-17, should we need to respond to a disaster mission in the Pacific theater,” said Capt. Adrianne Lahtela, officer in charge, special operations, 8th STB, and the officer in charge of the load plan.

The C-17 load was practice for Soldiers in the event an actual mission arises. The 8th STB worked diligently with units from the Air Force

and U.S. Army Garrison-Hawaii to get a plan in place that allows the headquarters to deploy in a 72-hour window.

“The biggest part of this is that our command and Soldiers see that we can, in a short time, deploy, should an emergency happen somewhere, so we can be a viable asset for the theater,” Lahtela said.

Many officers and senior noncommissioned officers from U.S. Army-Pacific were present to observe the process and eventually replicate it so they can prepare their own commands to become more expeditionary.

“I believe we’re setting the standard,” said Sgt. 1st Class Joseph Rossy, plans NCO, 8th TSC, and NCO-in-charge of the load plan. “Other units have not been able to accomplish what we have been able to in less time.”

The next steps for the 8th STB are to test the load plan at the Pohakuloa Training Area on the Big Island, said Lahtela, and then to eventually deploy the equipment to Korea or Japan for Ulchi Freedom Guardian, an annual Pacific exercise.

“Read to the Dogs” teaches



Braedon Montgomery, 6, reads to Tillie the Labradoodle at a Read to the Dogs session in Sgt. Yano Library, recently.

...that learning to read is a ‘dog’ gone good thing

Story and photos by
SARAH PACHECO
Staff Writer

SCHOFIELD BARRACKS — Groucho Marx once famously waxed poetic, “Outside of a book, a dog is man’s best friend. Inside of a dog, it’s too dark to read.”

All joking aside, studies have shed light on the correlation be-

tween reading out loud and early childhood success, which is why the Sgt. Yano Library, here, offers a program that pairs young readers with canine companions.

Read to the Dogs was created four years ago by Bonnie Dong, supervisory librarian, Directorate of Family and Morale, Welfare and Recreation, as a means to encourage military children to come to the library and pick up a book.

“The more they read, the better they will be at it,” Dong said.

Through the support of trained Reading Education Assistance Dogs, or R.E.A.D. — therapy dogs from Tripler Army Medical Center, as well as service dogs with the local nonprofit Hawaii Fi-Do — and their owners, Read to the Dogs offers children the opportunity to practice reading in a fun, friendly, non-judgmental environment.

“Sometimes children have a hard time reading in class in front of their peers because they are afraid to make a mistake,” Dong said.

“With a dog, there is no criticism, and they don’t laugh if you make a mistake.”

Despite its popularity with children and parents alike, Dong said this year Read to

the Dogs was headed to the pound due to budget cuts. Luckily, parent-volunteer Jennifer Montgomery stepped in to help continue the program.

“I thought it was a good idea for kids, especially those like my son who have confidence issues, because the dogs don’t judge. They just sit there and listen,” said Montgomery, who first learned about the program after bringing her son, Braedon, to a similar community service event put on by the Military Police earlier in the year.

“He likes reading to the dogs,” Montgomery said. “Since he started here, he’s started reading to our dog at home.”

The 6-year-old said he enjoys reading to the dogs because “they’re so friendly,” and that he likes to read chapter books about fish, snakes and dinosaurs during his 15-minute sessions at the library.

He also likes the take-home bookmarks given out after each reading session.

“(Reading to the dogs) makes him feel empowered,” Montgomery said. “It used to be a problem to get him to read books, but now he wants to and will ask to have our dog be left alone with him in his room. He’ll shut the door and just read.”

Dong advises parents to encourage their children to practice reading out loud prior to coming to the library. She also recommends selecting books that are appropriate for the child’s reading ability.

“Anyone who’s interested can sign up and read to the dogs,” Dong said.



Scott Buck, 7, reads to Tillie the Labradoodle at a Read to the Dogs session in Sgt. Yano Library.

(This photo has been altered from its original form; background elements have been removed.)

Reading to the Dogs

Read to the Dogs is held once a month at the Sgt. Yano Library, Schofield Barracks, to help military children practice reading and improve their fluency in a nonjudgmental, comforting environment. Remaining sessions in 2012 are Nov. 10 and Dec. 8, both from 11 a.m.-12:30 p.m.

Reservations are a must, as each child gets 15 minutes of reading time.

Arrive at least five minutes prior to your scheduled session.

An email reminder will be sent out one week prior to your session. If for any reason you need to cancel, let the library know promptly, so it can contact the next family on the waiting list.

For reservations or more information, call 655-8002 or visit www.himwr.com.



Briefs

Today

ACS Aloha Center — The new phone number for FS ACS is 438-4ACS (438-4227).

Right Arm Night — Fun begins at 4 p.m. at the Hale Ikena, FS. Enjoy an all-you-can-eat buffet and drink specials with an 80s’ theme. Spouses and civilians welcome.
Tickets are \$5 in advance, \$8 at the door. Call 438-1974.

3 / Saturday

Ladies Golf Clinic — Every first Saturday of the month, Leilehua Golf Course holds a free ladies golf clinic from 1:30-3 p.m. For reservations, call 655-4653.

ACS Island Tour — The tour runs 7:30 a.m.-4 p.m., from SB. Call 655-4ACS (655-4227).

Pro Bowl Tickets — 2013 NFL Pro Bowl ticket sales begin Nov. 3, at the Leisure Travel Office, SB. Tickets will be available for purchase from FS LTS starting Nov 5.

5 / Monday

AFTB Level II Training — Instruction for Army Family Team Building Level II certification runs from 5–9 p.m., Nov. 5-8, ACS Training Center, Bldg. 647. Call 438-4ACS (438-4227).

ACS Financial Training — This mandatory First-Term Soldier training focuses on basic financial skills to help develop self-reliance and personal responsibility, 8:30 a.m.-4:30 p.m., Nov. 5, 19 and 26, ACS, SB.

This instruction is offered every Monday (except federal holidays). Soldiers must bring an end-of-month leave and earnings statement, or LES. A certificate is awarded for completion of instruction.

6 / Tuesday

Quilting/Sewing — Learn the basics and start a new project every month, Tuesdays, SB Arts & Crafts Center. Cost is \$25 for the first class, \$5 for additional classes. To register, call 655-4202.

Survivor Support Group Meeting — Meetings are for survivors, including battle buddies, 5-8 p.m., Nov. 6 and 27, at the Survivor Outreach Service Center, FS Aloha Center, Rm. 104, Bldg. 330. Call 438-4ACS (438-4227).

7 / Wednesday

BOSS Meeting — Single Soldiers

8TH TSC SCARY FUN



Courtesy photo by Jason Crane; LifeTouch Photography

AIEA — Spc. Christina Kubiak (top left), personnel strength specialist, 8th Special Troops Battalion, 8th Theater Sustainment Command, scares (from left to right) Jenna Morikuni, Elyssa Ball, Katelyn Tokunaga and Candice Shimizu, former students at Webling Elementary School, during the school’s first-ever haunted house, here, Oct. 26, hosted by the Soldiers of the 8th STB. See the full story and more photos at www.hawaiiarmyweekly.com.

and geographic bachelors are invited to Better Opportunities for Single Soldiers meetings, 3 p.m., Nov. 7 and 21, SB Tropics, to discuss community service projects and upcoming programs.

Get involved and make a difference. BOSS south meetings are held, 10 a.m., AMR Chapel, every 2nd and 4th Wednesday (Nov. 14 and 28). Call BOSS president Sgt. Rayburn at 655-1130.

Thanksgiving Crafting — Make your holiday popcorn cracker, 2 p.m., Nov. 7, Sgt. Yano Library, or 3 p.m., Nov. 15, FS Library. This activity is fun for the entire family; all supplies are provided.
Call 655-8002 (SB) or 438-9521 (FS).

Basics of Budgeting — This class, 10-11:30 a.m., Nov. 7, SB ACS, will help you develop a budget, track expenses and create a system to save and pay your bills on time.

Bring a list of bills and a copy of your LES downloaded from <https://mypay.dfas.mil>.

9 / Friday

Holiday Card Lane — All units, staff offices, agencies and organizations are invited to participate in the Holiday Card Lane displays. Complete and return an entry form by Nov. 9 and forward it to the FMWR Special Events Office.

Find the entry form at himwr.com. Email kathleen.j.giannetti.naf@mail.mil or fax 655-1780.

Entries will be judged on craftsmanship/artistic quality, expressiveness of message and overall appearance. Awards will be presented during holiday tree lighting ceremonies, Dec. 4, at SB Generals Loop, and Dec. 6 at FS Palm Circle.

7 / Wednesday

Hawaii Theatre Center — The Hawaii Opera Theatre’s Opera Express traveling education program presents “The Curse of Lou-Ling,” 7 p.m., Nov. 7. This event is appropriate for children in grades K-8.
Tickets range from \$5-10; children under 4 years are free. Call 528-0506 or visit hawaiitheatre.com.

Curriculum Night — Teachers will share information on Common Core State Standards, 5-6:30 p.m., Nov. 7, at Wheeler Middle School. Call 622-6525.

9 / Friday

Spouses Club — Reservation deadline is Nov. 9 for the Hui O’Wahine FS spouses’ annual auction and cocktail social, 6-10 p.m., Nov. 16, Hale Ikena. Open to the public, this year’s theme will be “Denim and Diamonds.”

Tickets are \$25/person, \$40/couple. Participants are encouraged to create gift baskets for auction, but are not required. Auction items must be received by Nov. 12. All proceeds will be used for the Hui’s community scholarship and welfare grants.

Survivor Outreach Services — Join ACS SOS for scrap booking and crafting memories, 9 a.m.-noon, FS ACS/Aloha Center, Rm. 104, Bldg. 111. Call 438-4ACS.

Education and Employment Symposium — Educators and employers discuss the needs of their schools and companies and how military spouses can become a part of the team, 9-11 a.m., Nov. 9, SB ACS.

10 / Saturday

Surfing Lessons — Enjoy a surfing lesson for \$54 with Outdoor Recreation, 8:30 a.m.-12:30 p.m., Dec. 10. Everything but the sunscreen and snacks is provided. Reservations are needed; call 655-0143.

Read to the Dogs — Volunteer therapy and service dogs provide comfort to children who need to practice their reading and improve their fluency. Register for a 15-minute session between 11 a.m.-12:30 p.m., Nov. 10 or Dec. 8. Call 655-8002.

15 / Thursday

Richardson Pool Closure — Richardson Pool will be closed due to construction, Nov. 15 to May 2013. During this time, Helemano Military Reservation’s swimming pool will assume Richardson Pool operations.

Helemano Pool Hours:
•6 a.m.-2 p.m., weekdays;
•2-5 p.m., weekdays, open swim and swim team practice;
•10 a.m.-5 p.m., Saturdays, open swim;
•PT and adult lap swimming require reservations through Richardson Pool;
•Sundays, HMR pool closed.
During the closure, Richardson Pool bathrooms and locker rooms will remain open, 6-9 a.m., weekdays, for

Soldiers to shower after physical training.
The Richardson Pool front desk will be staffed from 6 a.m.- 3 p.m., weekdays, for facility maintenance and scheduling coordination. Call 655-9653/1128.

All-Army Boxing Coaches Deadline — The All-Army Boxing application period for athletes closes Nov. 15.
•Trial Camp is tentatively scheduled Dec. 27-Jan. 27,
•Armed Forces competition is scheduled for Jan. 28-Feb. 3, and
•Nationals are Feb. 24-March 3.
For more details and selection criteria, visit www.allarmysports.army.mwr.com or call the Sports, Fitness and Aquatics Office, 655-9654.

December

2 / Sunday

Basketball Court Closure — The Martinez Physical Fitness Center (SB) will be closed through Dec. 2 to remove and install eight new basketball basket support structures/arms. The gym will reopen at noon Dec. 3. Call 655-4804.

Ongoing

NFL Sunday Ticket Kickoff — Come to the Tropics on Sundays and catch all the games. Facility opens a half hour before the first game starts. Patrons 18 and older are welcome; call 655-5698.

Sunday at the Clubs — Enjoy Sunday breakfast at the SB Kolekole Bar and Grill, 9 a.m.-1 p.m., or Sunday brunch at the dining room at the FS Hale Ikena, 10 a.m.-1 p.m. Call 655-4466 (SB) or 438-1974 (FS).

tion is available until 4 p.m., Nov. 13. Registration will also be accepted on site, race day.

Bellows Turkey Trot 5K Run — This annual event will be held 8 a.m., Nov. 17, at Bellows Air Force Station for all ID cardholders, DOD civilians, family members and sponsored guests. Call 259-4112 or visit www.bellowsafs.com.

27 / Tuesday

Facebook Town Hall — Do you have questions about USAG-HI services, facilities or support, or about how to make the installation better? The next online Facebook Town Hall, hosted by Col. Daniel Whitney, commander, USAG-HI, is scheduled from 6-7:30 p.m., Nov. 27, at www.facebook.com/usaghawaii, under the “Events” tab.
All Soldiers, family members, retirees and civilians in U.S. Army-Hawaii can ask questions, address concerns and get responses. Call 656-3153 or email lacey.a.justinger.civ@mail.mil with questions.

worship Services

Additional religious services, children’s programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on “Religious Support Office” under the “Directorates and Support Staff” menu.)

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- SC: Soldiers’ Chapel, Schofield Barracks
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

Buddhist Services

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

- Thursday, 9 a.m. at AMR
- Saturday, 5 p.m. at TAMC, WAAF
- Sunday services:
 - 8:30 a.m. at AMR
 - 10:30 a.m. at MPC Annex
 - 11 a.m. at TAMC
- Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship

- Sunday, noon. at MPC
- Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

- Friday, 1 p.m. at MPC Annex
- Friday, 2:30 p.m., TAMC
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

- Monday, 6 p.m. at PH (Bible Study)
- Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca)

- Friday, 7 p.m. at MPC Annex

Protestant Worship

- Sunday Services
 - 9 a.m. at FD, MPC and TAMC chapels
 - 9 a.m. at WAAF chapel, Lutheran/Episcopalian
 - 10 a.m. at HMR
 - 10:30 a.m. at AMR

Single Soldiers’ Bible Study
•Wednesday, 11:30 a.m. at SC; lunch is provided.

Worship Service

- Sunday, 6 p.m. at SC.

community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today

Arbor Day Celebrations — Tree plantings and activities for keiki will take place throughout Island Palm Communities. For details, visit www.islandpalmcommunities.com.

3 / Saturday

Special Olympic Benefit — More than 100 adventure-seekers will drop 31 stories off the edge of the Sheraton Waikiki in support of Special Olympics Hawaii, Nov. 3. Participants must be at least 18 years of age by Nov. 3 and weigh less than 300 pounds to participate.

For more information on Special Olympics Hawaii, call 943-8808 or visit www.specialolympics.hawaii.org.

Calendar abbreviations

- 8th TSC: 8th Theater Sustainment Command
- 25th ID: 25th Infantry Division
- ACS: Army Community Service
- AFAP: Army Family Action Plan
- AFTB: Army Family Team Building
- AMR: Aliamanu Military Reservation

- ASYMCA: Armed Services YMCA
- BCT: Brigade Combat Team
- BSB: Brigade Support Battalion
- Co.: Company
- CYSS: Child, Youth and School Services
- EFMP: Exceptional Family Member Program
- FMWR: Family and Morale, Welfare and

- Recreation
- FRG: Family Readiness Group
- FS: Fort Shafter
- HMR: Helemano Military Reservation
- IPC: Island Palm Communities
- PFC: Physical Fitness Center
- SB: Schofield Barracks

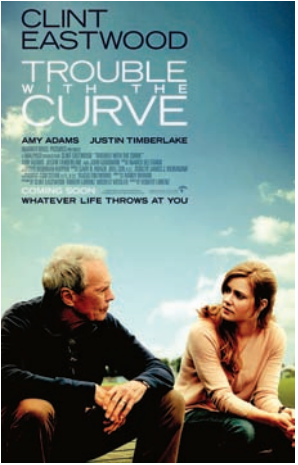
- SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
- TAMC: Tripler Army Medical Center
- USAG-HI: U.S. Army Garrison-Hawaii
- USARPAC: U.S. Army-Pacific
- WAAF: Wheeler Army Airfield

This Week at the MOVIES Sgt. Smith Theater

Call 624-2585 for movie listings or go to aafes.com under reeltime movie listing.

Paranorman

(PG)
Fri., Nov. 2, 4 p.m.



Trouble with the Curve

(PG13)
Fri., Nov. 2, 7 p.m.
Sat., Nov. 3, 4 p.m.
Wed., Nov. 7, 7 p.m.

Lawless

(R)
Sat., Nov. 3, 7 p.m.
Thurs., Nov. 8, 7 p.m.

Ice Age: Continental Drift

(PG)
Sun., Nov. 4, 2 p.m.

No shows on Mondays or Tuesdays.

Post schools stress timely attendance

SCHOOL LIAISON OFFICE

Child, Youth and School Services; Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — Hale Kula Elementary is participating in the International Walk to School Month as a way to address student tardiness, as well as complaints about parking and traffic at their school.

A “Walk or Bike and Get to School on Time” Campaign began Oct. 18 and will end Nov. 22.

“Tardiness is a significant issue at Hale Kula,” explained Jan Iwase, principal, Hale Kula Elementary. “There were over 1,600 tardies at our school last quarter, and we hope that this campaign will encourage parents and students to come to school every day, on time.”

Attendance is a priority for school administrators, counselors, teachers and parents.

“If you miss one day, then you are already behind,” said Connie Blevens, parent of a third grader at Hale Kula, who reminds parents that children should be in school every day. “It is absolutely necessary to have a routine that is followed every day that gets kids up, ready and out the door, at the same time.”

Blevens has two other children who attend Wheeler Middle and Leilehua High schools, so getting all three children to school on time can be a challenge, but she makes sure she is organized.

“Knowing what your child is wearing to school the next day, before they go to bed, can help ease the morning chaos,” Blevens added. “Don’t allow distractions.”

“When children are late, this causes a disruption in the classroom and distracts the students who have already started their class work,” said Jason Kawaguchi, a counselor at Hale Kula. “It also puts an additional burden on the student who arrives late. He (or she) will also need to catch up on work that he (or she) missed.”

Hale Kula’s campaign not only encourages parents to get their children on time for instructional purposes, but it also eases traffic congestion, promotes an environmentally friendly activity and provides health benefits through physical exercise.

Research has shown that exercise helps students to focus better.

“Our goal is to have 63 percent of our students walk or ride a bike to school,” Iwase said, explaining that the average number of students who are tardy could decrease by 50 percent if this goal is met. “The more time students spend in their classroom, the more successful they will be.”

“I would also like to encourage parents to send their children to school on a daily basis,” said Troy Fujimoto, vice principal, Solomon Elementary, which is also addressing absences.

Fujimoto said Solomon has reported approximately 1,000 absences for the first quarter of the school year.

For parents who leave Hawaii during a deployment, or visit family members for an extended period of time, the deployment policy for the Leilehua Complex states that any student who will be out of school for 10 or more days must meet certain criteria:

- Be enrolled at a school in their new geographic area, or
- Fill out Form 4140, “Exception to Compulsory Education.”

Upon returning to Hawaii, students must re-enroll at their home school.

“We also strongly encourage parents to schedule their children’s doctor’s appointments and other family activities for after-school hours,” Fujimoto said.



Stephanie Cross (standing), volunteer facilitator, AFAP, keeps delegates of the Family Support work group on task while Joseph Amico (seated, at computer), volunteer recorder, AFAP, transcribes the group’s discussion during the second day of the 2012 AFAP Conference, Oct. 30.

AFAP conference begins work

Part one of a two-part series looks at the conference process

Story and photo by
SARAH PACHECO
Staff Writer

WHEELER ARMY AIRFIELD — The Army Family Action Plan, or AFAP, kicked off its annual conference, here, Monday.

The weeklong conference opened with training and orientation at the 25th Combat Aviation Brigade’s Multifunctional Room of Excellence, where delegates learned more about how their involvement with the AFAP process can improve the quality of life for Soldiers, their families and the entire Army community.

“This is a huge undertaking,” said Col. Daniel Whitney, commander, U.S. Army Garrison-Hawaii, in his opening-day address to delegates. “I can’t stress enough, this is critical. You have a wealth of experience to solve these problems, and I applaud your volunteerism to provide your perspective.”

Whitney advised participants to not lose sight of local issues that can be solved at the installation level, but to also remember that what comes out of AFAP could potentially affect the Department of Defense as a whole.

“Our biggest challenge this year is that there are a lot of issues affecting the entire DOD, not just the Army,” said Heather Miles, program manager, AFAP, Army Community Service; Directorate of Family and Morale, Welfare and Recreation; USAG-HI.

According to Miles, top issues brought up during this year’s AFAP concern on-base parking, physical

training routes, the sex offender registry, benefits for same-sex partners, and how employment benefits are affected when employees switch between non-appropriated and appropriated fund positions.

AFAP is a grassroots process that identifies issues of concern to America’s Army family. Representatives from all aspects of the Army community volunteer to be delegates, who help pinpoint and elevate the most significant quality-of-life issues impacting Soldiers, retirees, Department of the Army civilians and families to senior leaders for action.

Over the course of the conference, held this year in Building 102, here, delegates were split into six work groups — Benefits and Entitlements; Housing and Facilities; Force Support; Family Support; Medical and Dental; and Employment — to discuss current issues and prioritize the ones they believe are most important.

Facilitators and recorders help keep delegates on track, while subject matter experts provide subject knowledge and issue support personnel ensure issues are clearly written out and do not duplicate those already up for discussion.

Once finalized, the top three issues are presented to garrison senior leaders by a spokesperson from each work group during a Report Out, being held at the Nehelani, Schofield Barracks, today (Nov. 2).

“We’re not trying to solve the issues; we’re trying to come up with recommendations to pass on to leadership,” Miles said.

(Editor’s note: In part two of the series, next week, Pacheco reviews the Report Out at the AFAP conference.)

Schofield’s Acute Care Clinic increases same-day care

Shift in hours of operation aims to reduce wait times, increase service

DR. DAVID FLOYD

Acute Care Clinic, U.S. Army Health Clinic-Schofield Barracks

SCHOFIELD BARRACKS — The Acute Care Clinic at U.S. Army Health Clinic-Schofield Barracks will shift its hours of operation to 7 a.m.-6:30 p.m., starting Nov. 4.

This slight shift in hours is part of a new staffing model that will increase the number of providers available to serve beneficiaries, and the change will significantly decrease wait times.

“By bringing these additional resources to bear, we believe that we can assist the patients in taking control of their health, rather than just responding to illness or injury,” said Col. Mary Krueger, commander, USAHC-SB. “These professionals can provide proactive, preventative interventions to help the patient maintain the highest state of health.

“This model is in sync with the surgeon general’s focus on

nutrition, activity and sleep as fundamental principles to address as we move from a health care system to a system of health,” Krueger added.

The clinic provides care to active duty and retired military personnel, their family members and other Department of Defense and Tricare beneficiaries.

The ACC offers beneficiaries living at Schofield Barracks a walk-in clinic for same-day treatment of eligible patients with acute illnesses and injuries. The ACC, which is not an emergency room, provides care for a variety of acute conditions, from sprains and fractures, to lacerations, asthma attacks and burns.

“The providers in the Acute Care Clinic bring a diverse background of clinical experiences that combine to form a great team that delivers exceptional, urgent care to our Soldiers and their family members,” said Col. Jennifer Walker, deputy commander, Clinical Services, USAHC-SB. “They are different from the primary care providers in our Troop Medical, Family Medicine and Pediatrics clinics in that they don’t focus on prevention and wellness as much as those acute injuries and ill-

nesses that come up unexpectedly.”

If an injury or illness is not considered urgent or acute, patients are strongly encouraged to see their own primary care manager to ensure continuity at Schofield’s Family Practice, Pediatric and Troop Medical clinics, which often have same-day appointments available for its assigned patients.

The ACC will ensure that every patient receives the right level of care and is available for urgent needs.

For severe injuries or potentially life-threatening conditions, such as chest pain, possible stroke, heat injury, poisoning or loss of consciousness, patients are advised to call 911 or to go directly to the nearest ER.

(Editor’s Note: Floyd is the chief, ACC, USAHC-SB.)

Schofield Barracks ACC

The Acute Care Clinic is located in Building 684 on the first floor of USAHC-SB. Access is via the ACC front door facing the entry driveway from Waianae Avenue.

Physical Therapy shows off new facilities, services and staff

Open house provides interactive introduction to expanding benefits

STEPHANIE RUSH

Pacific Regional Medical Command Public Affairs

SCHOFIELD BARRACKS — More than 50 U.S. Army Health Clinic-Schofield Barracks staff members gathered in the Physical Therapy Clinic, here, to participate in a variety of activities during an open house, Oct. 24.

Staff in attendance took part in, and learned about, agility drills; lifting techniques; functional movement screening; running shoe selection; TRX, or suspension training; and Wii balance training.

The open house provided the perfect opportunity for USAHC-SB staff to learn more about available physical therapy services and to meet other staff and tour the clinic, which has grown and expanded services during the past year.

“I was curious about the what, who and where patients experience when going to physical therapy for care,” said Dr. Amy Lumeng, physician, Troop Medical Clinic, USAHC-SB, who attended the open house. “I was glad to meet the physical therapy staff and match faces with names, many of whom I knew from reviewing my patients’ physical therapy notes.”

More than professional benefits were to be had for attending the open house.

“I got great, personalized advice about running shoe selection and (was) challenged by the Wii balance board,” Lumeng said. “The physical therapy staff kept (the open house) fun and interactive.”

While activities kept participants interested, the event served a dual purpose: to demonstrate new technology.

“The open house was really well done,” said Col. Mary Krueger, commander, USAHC-SB. “(The staff) showcased sev-

eral physical therapy modalities, which support the surgeon general’s performance triad, (stressing the importance of) activity, nutrition and sleep management.

“Staff in the clinic performed functional movement screens on participants to test flexibility, strength and balance,” Krueger explained. “(These) scores can help predict those at higher risk of injury due to decreases in these areas.

“Even better,” she continued, “there are exercises that patients can participate in to improve their scores and, therefore, reduce their risk of injury in a targeted way.”

Physical therapists examine, evaluate and treat patients with a wide variety of injuries and chronic pain, with the goal of restoring function, reducing pain and preventing injury, according to Maj. Carrie Storer, officer in charge, Physical Therapy and Chiropractic clinics, USAHC-SB.

“Musculoskeletal injuries resulting from training or overuse are the primary cause of outpatient medical visits and hospitalizations among Soldiers,” Storer said. “(The Physical Therapy) Clinic has a highly skilled staff who can provide a wide variety of treatment options for all patients experiencing neurological and musculoskeletal complaints.

“Hopefully, other (USAHC-SB) staff members walked away with a better understanding of what kind of patients we see, what kind of treatments we use and how we can work with them, collaboratively, to develop plans for a shared goal of creating healthier, satisfied patients,” Storer said.

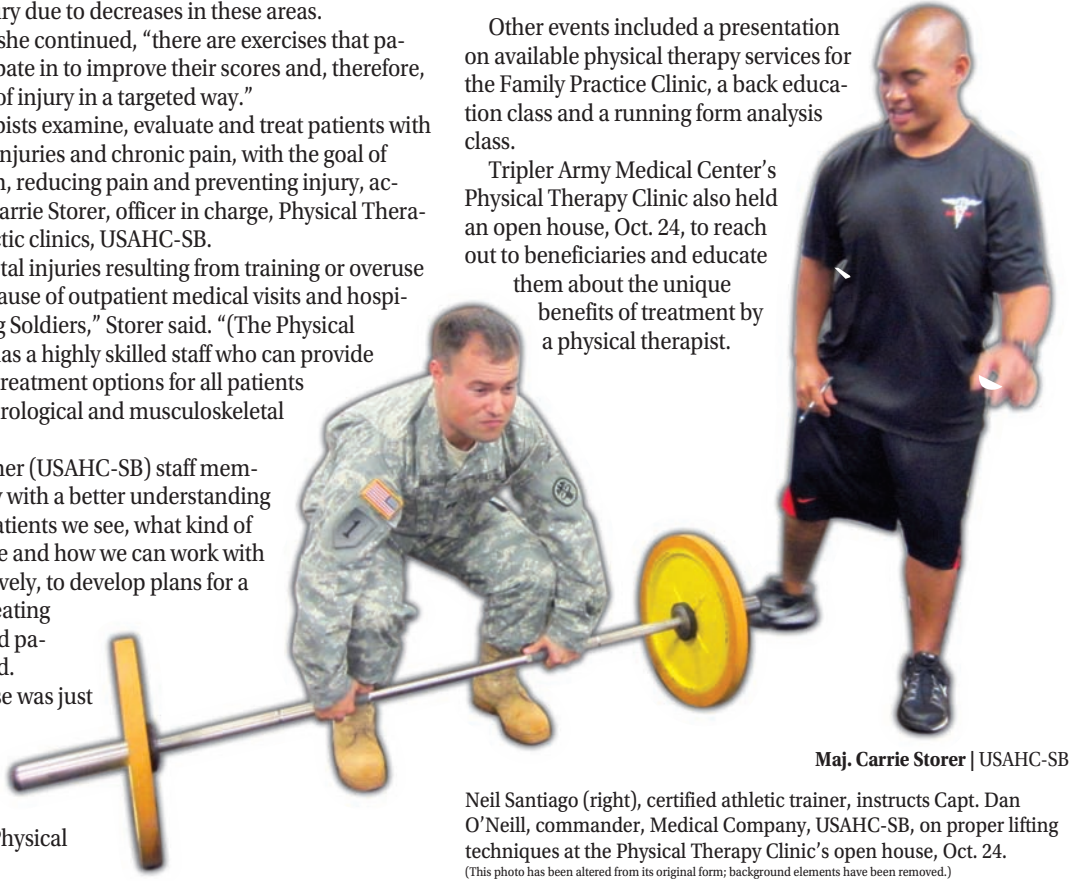
The open house was just one of several events held throughout October in recognition of National Physical Therapy Month.

Open House Photos

View more photos from the open house at the clinic’s Facebook page: www.facebook.com/SchofieldBarracksHC.

Other events included a presentation on available physical therapy services for the Family Practice Clinic, a back education class and a running form analysis class.

Tripler Army Medical Center’s Physical Therapy Clinic also held an open house, Oct. 24, to reach out to beneficiaries and educate them about the unique benefits of treatment by a physical therapist.



Maj. Carrie Storer | USAHC-SB

Neil Santiago (right), certified athletic trainer, instructs Capt. Dan O’Neill, commander, Medical Company, USAHC-SB, on proper lifting techniques at the Physical Therapy Clinic’s open house, Oct. 24.

(This photo has been altered from its original form; background elements have been removed.)

Schofield Barracks Physical Therapy Clinic

The Physical Therapy Clinic at U.S. Army Health Clinic-Schofield Barracks is open to active duty military, family members and retirees, Monday-Friday, 6 a.m.-4 p.m. It’s closed 11:45 a.m.-12:45 p.m. for lunch and Thursdays 10:30 a.m.-1 p.m. for training.

Services provided include evaluation and treatment of nearly all musculoskeletal and neurological conditions.



Jydon Hall (left), son of Navy Petty Officer 2nd Class James Hall, attempts to stop an opponent during a Play Sports Hawaii exhibition game at Ala Pumalu Communty Park, Oct. 21.

8th TSC sergeant coaches keiki to win and, also, grow

Play Sports Hawaii volunteers kick off youth football season with mentoring

Story and photos by
STAFF SGT. GAELN LOWERS
8th Theater Sustainment Command Public Affairs

AIEA — The Saints are looking for their next championship season this year, so they have been practicing and scrimmaging other teams.

The team is looking ahead and ready for what will come its way. They have their lineup set, players ready and coaches studied up for the season.

These Saints, however, are not part of the National Football League, and the coach does not get paid millions of dollars.

In fact, Sgt. Mark Kerns, current operations executive administrative noncommissioned officer, 8th Theater Sustainment Command, and coach for the Central Oahu Saints, does not get paid at all.

Like the rest of the coaches at Play Sports Hawaii, Coach Mark uses his free time – after sometimes 11-hour workdays – to teach and mentor kids for four seasons a year, each season running about eight weeks.

“Anything I can do to help develop our youth is a worthwhile activity,” Coach Mark said. “I want to be able to coach and mentor them to the best of my ability.”

And showing up for the game is just the tip of the iceberg for these volunteers.

“The volunteers hold, at times, two or more practices a week, stay in contact with parents, provide food and drinks, and pay out of pocket for things they want for their teams, said Brian Kaupiko, president and game commissioner for Play Sports Hawaii. “We appreciate all the volunteer efforts that make this organization what it is. If it wasn’t for (the coaches) and fami-

lies, there wouldn’t be youth sports.”

Play Sports Hawaii is an established nonprofit organization dedicated to providing Hawaii’s youth with a high-quality education in personal health and teamwork through sports participation, Kaupiko continued. Its purpose is to offer sports activities as an opportunity for self-growth and personal development. It strives to instill core qualities of commitment, sportsmanship and teamwork.

The league caters to underprivileged kids and sponsors more than 350 kids a year for free.

“We average about 6-700 kids a season,” Kaupiko explained. “We try to give back a lot, because there are a lot of single parent families out there, and we want to get kids off the streets.

“We really appreciate the military’s involvement with the league and the kids,” Kaupiko continued. “I give them the respect, because if it wasn’t for them, we wouldn’t be here.”

While Play Sports Hawaii is five years old, Coach Mark has only been around for three seasons, but starting slow has never been his style.

“My first season, I took my kids to the championship game and won,” he said proudly. “They have been my team for the past three seasons, but as the players grew and had birthdays, we had to move to a higher group.”

In April, Coach Mark plans on taking his team to Las Vegas to compete in a flag football tournament there.

“We raise all our own funds, but it is good for kids,” he said. “For some, this will be their first time off of the island.”

Coach Mark said he will continue to volunteer and help out for as long as he is on island, because the kids are appreciative and the parents are supportive.

“I love coaching and being



Sgt. Mark Kerns (top left), 8th TSC, and also coach of the Central Oahu Saints — a team in the Play SportsHawaii youth flag football league — leads some team unity during a recent exhibition game.

with the kids. Whether we win or lose, the kids always have fun and learn something,” he said. “Rain or shine, birthday or holiday, I am out here because I love it.”



Camryn Marshall (left), running back for the Central Oahu Saints and son of Sgt. Nikesia Lemard, U.S. Army Transportation Command at Joint Base Pearl Harbor-Hickam, jukes around two defenders during a Play Sports Hawaii exhibition game at Ala Pumalu Communty Park.